TSBVI EXIT and Post Secondary Programs: Overview and Comparison
November 12\textsuperscript{th}, 2015
3pm-4pm

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Developed for
Texas School for the Blind & Visually Impaired
Outreach Programs
Outreach Programs Events Update:

- For upcoming webinars: [http://www.tsbvi.edu/webinar-listings](http://www.tsbvi.edu/webinar-listings)

Housekeeping

- Download handouts and sign-in roster
- Send sign-in roster to [keithc@tsbvi.edu](mailto:keithc@tsbvi.edu) or fax to 512-206-9320
- Make sure you registered and complete evaluation within 60 days including code for ACVREP/SBEC credit
- View captions in a separate window at [www.streamtext.net/text.aspx?event=TSBVI](http://www.streamtext.net/text.aspx?event=TSBVI)
- Part 1 of code: will be announced at the start of the webinar only. After 3:15 PM you will not be able to get this information, so please do your best to be on time.

Adobe Connect Webinar Tour

- Location of pods
- Power Point content included in your handout
- Poll participation – enter response in chat if you cannot access the poll

Link to enter room: [http://tsbvi.adobeconnect.com/exit/](http://tsbvi.adobeconnect.com/exit/)

Audio: 1-888-450-5996 and use access code 846637
Poll: What is your relationship to the student?
- Parent
- Teacher of the Visually Impaired
- Orientation and Mobility Instructor

Poll: How familiar are you with the Expanded Core Curriculum (ECC)?
- Very familiar
- Somewhat familiar
- Not familiar

TSBVI Transition Programs
- Exit: Experiences in Transition
- PSP: Post Secondary Program

Similarities
- 18-22
- Legally Blind
- Expanded Core Curriculum focus
- Preparation for Adult Life
- Community Experiences/ Exploration
- Live on TSBVI campus
- 24 hour Security
- Programming based on needs and future goals

Primary Difference

Figure 1: Large two-sided golden arrow around TSBVI EXIT (Experiences in Transition) on left versus Post Secondary Program at Criss Cole Rehabilitation Center on the right. Above the arrow are Education & Entitlement on the left and Rehabilitation and Eligibility on the right.
Primary Difference

- **Exit**
  - Education
  - Entitlement through IDEA

- **PSP**
  - Rehabilitation
  - Eligibility through ADA

Eligibility Criteria

- **EXIT**
  - Enrolled in home school district
  - Credit requirements met for graduation
  - State testing complete
  - Continuum of students/support needs

- **PSP**
  - High School Diploma or GED attained
  - Able to manage personal and health needs independently
  - Planning to attend college and/or work
  - Planning to live independently or with minimal support

Referral Process

- **EXIT**
  - Referred by school district
  - Application requires referring district to identify reasons for referral
  - Eventual return to district for transition services is considered

- **PSP**
  - Transition Counselor refers consumer to Criss Cole Rehabilitation Center (CCRC)
  - CCRC staff refer to the Post Secondary Program (PSP) those that are a good fit and meet the criteria

Cost

- **EXIT**
  - Free Appropriate Public Education (FAPE)
  - Student trust funds

- **PSP**
  - Students are required to pay for their daily living needs (i.e. food and household products) typically through SSI or SSDI
Living Arrangements/Supervision

• **EXIT**
  o Dorms
  o 24 hour supervision
  o Supervision levels determined by instructional team
  o FUSA
  o Health Center

• **PSP**
  o Four student apartments on TSBVI campus (No roommates)
  o Supervision (no overnight supervision)
  o No Health Center

Service Delivery

• **EXIT**
  o IEP driven (IEP created collaboratively with LEA)
  o Parent Involvement
  o Self Contained groups (Teacher & TA)
  o Residential instruction supports IEP
  o Career Education Programming
  o Related Services

• **PSP**
  o Individual student goal driven
  o Minimal parent involvement
  o Classes at CCRC (how classes are determined)
  o Individualized instruction in student apartments provided by PSP director and assistant
  o 100 hour of volunteer work required
  o Counseling available through DBS Transition Counselor

Student Examples

• Michael
• Abby
• Melinda
• Sarai (video)
Service Delivery Continued

• EXIT
  o Challenges in planning for Adult Transition from a distance
  o Benefit of returning to home community while still eligible for SPED services
  o Transition/ Collaboration Meetings

• PSP
  o Participants, PSP staff, and CCRC staff develop transition plans through goal setting
  o Program Review Trainings

Transition Planning

• EXIT
  o Follow Austin ISD school calendar year
  o ARD Committee makes decisions at annual ARD (return to TSBVI, return to district for
    Transition Services, graduation)

• PSP
  o Length of stay varies according to needs and goals
  o Average length of stay: 6-10 months

Resources

Post Secondary Program Handbook
## TSBVI EXIT
### Sample School Day Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:50-8:40</td>
<td>Week Preview/ Goal Planning</td>
<td>Goal Setting</td>
<td>Email catch up</td>
<td>Money Management/ Bill Pay</td>
<td>Work Training: Hospitality</td>
</tr>
<tr>
<td>8:45-9:35</td>
<td>General Employability</td>
<td>Assistive Technology</td>
<td>General Employability</td>
<td>Counseling with LSSP</td>
<td>Hospitality</td>
</tr>
<tr>
<td>9:40-10:30</td>
<td>Braille</td>
<td>Braille</td>
<td>Occupational Therapy</td>
<td>Orientation and Mobility</td>
<td>Hospitality</td>
</tr>
<tr>
<td>11:25-12:10</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Bistro</td>
</tr>
<tr>
<td>12:15-1:05</td>
<td>Assistive Technology</td>
<td>Menu planning &amp; shopping list</td>
<td>YMCA</td>
<td>Assistive Technology</td>
<td>Bistro</td>
</tr>
<tr>
<td>1:10-2:00</td>
<td>Transition Topics</td>
<td>Grocery shopping</td>
<td>YMCA</td>
<td>Community Outing</td>
<td>To do list</td>
</tr>
<tr>
<td>2:05-2:55</td>
<td>Bus Route Planning</td>
<td>Grocery shopping</td>
<td>School dismissed at 2:00</td>
<td>Community Outing</td>
<td>Typeability</td>
</tr>
</tbody>
</table>
## Example Dorm Schedule

<table>
<thead>
<tr>
<th></th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00</td>
<td>Schedules</td>
<td>Schedules</td>
<td>Music W/ Mark</td>
<td>• Schedules</td>
<td></td>
</tr>
<tr>
<td>3:30</td>
<td>Fitness: Off-Campus Walk</td>
<td>Choice Time</td>
<td>Community Outing</td>
<td>Fitness/Self-Defense Class</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Venture Crew (every other Monday til 5)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Darius Grocery Shopping</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00</td>
<td></td>
<td></td>
<td>Cooking Program</td>
<td>Podcast</td>
<td></td>
</tr>
<tr>
<td>4:30</td>
<td>Cafeteria</td>
<td></td>
<td></td>
<td>Cooking Program</td>
<td></td>
</tr>
<tr>
<td>5:00</td>
<td></td>
<td></td>
<td></td>
<td>Cafeteria</td>
<td></td>
</tr>
<tr>
<td>5:30</td>
<td>Unpacking &amp; turn in important papers, money, etc.</td>
<td>Chores 5:45 Showers</td>
<td>Dinner</td>
<td>Dinner</td>
<td></td>
</tr>
<tr>
<td>6:00</td>
<td>6:15 Dinner</td>
<td></td>
<td>Chores</td>
<td>Chores</td>
<td>6:15 Chores</td>
</tr>
<tr>
<td>6:30</td>
<td></td>
<td>Karaoke/Improv Night</td>
<td>Game/Movie Night</td>
<td>Swimming</td>
<td>Community Outing</td>
</tr>
<tr>
<td>7:00</td>
<td>Chores</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7:30</td>
<td>Dorm Meeting</td>
<td></td>
<td>Podcast</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8:00</td>
<td></td>
<td>HC</td>
<td>HC/Showers</td>
<td>HC/Showers</td>
<td>HC/Showers</td>
</tr>
<tr>
<td>8:30</td>
<td>Hygiene Choice Time</td>
<td>Hygiene Choice Time</td>
<td>Hygiene Choice Time</td>
<td>Hygiene Choice Time</td>
<td>Hygiene Choice Time</td>
</tr>
</tbody>
</table>
### Example PSP Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>8-10am</td>
<td>Breakfast Technology at CCRC</td>
<td>Breakfast Technology at CCRC</td>
<td>Breakfast Technology at CCRC</td>
<td>Breakfast Technology at CCRC</td>
<td>Breakfast Technology at CCRC</td>
</tr>
<tr>
<td>10-12pm</td>
<td>PSG Instructional</td>
<td>PSG Instructional</td>
<td>PSG Instructional</td>
<td>PSG Instructional</td>
<td>PSG Instructional</td>
</tr>
<tr>
<td>12-1pm</td>
<td>Lunch in apartment</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
<td>Lunch</td>
</tr>
<tr>
<td>1-3pm</td>
<td>Life Skills Social skills instruction</td>
<td>Kitchen Skills</td>
<td>Life Skills</td>
<td>Kitchen Skills</td>
<td>Life Skills</td>
</tr>
<tr>
<td>3-5pm</td>
<td>Volunteer work experience</td>
<td>Volunteer work experience</td>
<td>Volunteer work experience</td>
<td>Volunteer work experience</td>
<td>Volunteer work experience</td>
</tr>
<tr>
<td>5-6pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6-7pm</td>
<td>Dinner preparation Independent living skills</td>
<td>Dinner preparation Independent living skills</td>
<td>Dinner preparation Independent living skills</td>
<td>Dinner preparation Independent living skills</td>
<td>Dinner preparation Independent living skills</td>
</tr>
<tr>
<td>7-8pm</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Saturday: Some community outings including housing research, thrifty shopping, etc.

Sunday: Some recreational outings and planning for the week.

Part of PSP time is goal setting for the week which then becomes scheduled activities. ACC time becomes part of weekly schedule for some participants.

Schedules change as CCRC classes may end every 8 weeks, which leaves more time to complete the required 100 hours of volunteer work experience.
Texas School for the Blind & Visually Impaired
Outreach Programs

Figure 2 TSBVI logo.

This project is supported by the U.S. Department of Education, Special Education Program (OSEP). Opinions expressed here are the authors and do not necessarily represent the position of the Department of Education.

Figure 3 IDEAs that Work logo and OSEP disclaimer.