TSBVI EXIT and Post Secondary Programs:

Overview and Comparison

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3pm-4pm

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Developed for

Texas School for the Blind & Visually Impaired

Outreach Programs

Outreach Programs Events Update:

- For upcoming webinars: http://www.tsbvi.edu/webinar-listings
- For upcoming workshops and conferences: http://www.tsbvi.edu/training-events?id=4036:14-workshops-otr&catid=227:2014-event-registration

Housekeeping

- Download handouts and sign-in roster
- Send sign-in roster to keithc@tsbvi.edu or fax to 512-206-9320
- Make sure you registered and complete evaluation within 60 days including code for ACVREP/SBEC credit
- View captions in a separate window at www.streamtext.net/text.aspx?event=TSBVI
- Part 1 of code: will be announced at the start of the webinar only. After 3:15 PM you will not be able to get this information, so please do your best to be on time.

Adobe Connect Webinar Tour

- For tips about screen navigation go to http://www.connectusers.com/tutorials/2008/11/meeting_accessibility/
- Location of pods
- Power Point content included in your handout
- Poll participation – enter response in chat if you cannot access the poll

Link to enter room: http://tsbvi.adobeconnect.com/exit/

Audio: 1-888-450-5996 and use access code 846637

Poll: What is your relationship to the student?

- Parent
- Teacher of the Visually Impaired
- Orientation and Mobility Instructor

Poll: How familiar are you with the Expanded Core Curriculum (ECC)?

- Very familiar
- Somewhat familiar
- Not familiar

TSBVI Transition Programs

- **Exit: Experiences in Transition**

- **PSP: Post Secondary Program**

Similarities

- 18-22
- Legally Blind
- Expanded Core Curriculum focus
- Preparation for Adult Life
- Community Experiences/ Exploration
- Live on TSBVI campus
- 24 hour Security
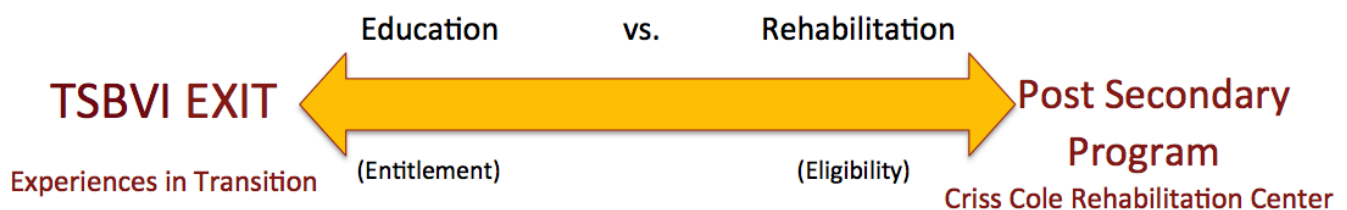- Programming based on needs and future goals

Primary Difference

Figure 1: Large two-sided golden arrow around TSBVI EXIT (Experiences in Transition) on left versus Post Secondary Program at Criss Cole Rehabilitation Center on the right. Above the arrow are Education & Entitlement on the left and Rehabilitation and Eligibility on the right.

Primary Difference

- **Exit**
  - Education
  - Entitlement through IDEA

- **PSP**
  - Rehabilitation
  - Eligibility through ADA

Eligibility Criteria

- **EXIT**
  - Enrolled in home school district
  - Credit requirements met for graduation
  - State testing complete
  - Continuum of students/ support needs

- **PSP**
  - High School Diploma or GED attained
  - Able to manage personal and health needs independently
  - Planning to attend college and/or work
  - Planning to live independently or with minimal support

Referral Process

- **EXIT**
  - Referred by school district
  - Application requires referring district to identify reasons for referral
  - Eventual return to district for transition services is considered

- **PSP**
  - Transition Counselor refers consumer to Criss Cole Rehabilitation Center (CCRC)
  - CCRC staff refer to the Post Secondary Program (PSP) those that are a good fit and meet the criteria

Cost

- **EXIT**
  - Free Appropriate Public Education (FAPE)
  - Student trust funds

- **PSP**
  - Students are required to pay for their daily living needs (i.e. food and household products) typically through SSI or SSDI

Living Arrangements/Supervision

- **EXIT**
  - Dorms
  - 24 hour supervision
  - Supervision levels determined by instructional team
  - FUSA
  - Health Center

- **PSP**
  - Four student apartments on TSBVI campus (No roommates)
  - Supervision (no overnight supervision)
  - No Health Center

Service Delivery

- **EXIT**
  - IEP driven (IEP created collaboratively with LEA)
  - Parent Involvement
  - Self Contained groups (Teacher & TA)
  - Residential instruction supports IEP
  - Career Education Programming
  - Related Services

- **PSP**
  - Individual student goal driven
  - Minimal parent involvement
  - Classes at CCRC (how classes are determined)
  - Individualized instruction in student apartments provided by PSP director and assistant
  - 100 hour of volunteer work required
  - Counseling available through DBS Transition Counselor

Student Examples

- Michael
- Abby
- Melinda
- Sarai (video)

Service Delivery Continued

- **EXIT**

  - Challenges in planning for Adult Transition from a distance
  - Benefit of returning to home community while still eligible for SPED services
  - Transition/ Collaboration Meetings

- **PSP**

  - Participants, PSP staff, and CCRC staff develop transition plans through goal setting
  - Program Review Trainings

Transition Planning

- **EXIT**

  - Follow Austin ISD school calendar year
  - ARD Committee makes decisions at annual ARD (return to TSBVI, return to district for Transition Services, graduation)

- **PSP**

  - Length of stay varies according to needs and goals
  - Average length of stay: 6-10 months

Resources

Post Secondary Program Handbook
(http://www.tsbvi.edu/post-secondary-items/1399-rules-and-guidelines)

Sample School Day Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
7:50-8:40	Week Preview/ Goal Planning	Goal Setting	Email catch up	Money Management/ Bill Pay	Work Training: Hospitality
8:45-9:35	General Employability	Assistive Technology	General Employability	Counseling with LSSP	Hospitality
9:40-10:30	Braille	Braille	Occupational Therapy	Orientation and Mobility	Hospitality
10:35-11:25	Work Exploration: Coffee Shop	Work Exploration: Coffee Shop	Work Exploration: Coffee Shop	Orientation and Mobility	Work Training: Bistro
11:25-12:10	Lunch	Lunch	Lunch	Lunch	Bistro
12:15-1:05	Assistive Technology	Menu planning & shopping list	YMCA	Assistive Technology	Bistro
1:10-2:00	Transition Topics	Grocery shopping	YMCA	Community Outing	To do list
2:05-2:55	Bus Route Planning	Grocery shopping	School dismissed at 2:00	Community Outing	Typeability

TSBVI EXIT
Example Dorm Schedule

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
3:00		Schedules	Schedules	Music W/ Mark	• Schedules
3:30		Fitness: Off-Campus Walk Venture Crew (every other Monday til 5) Darius Grocery Shopping	Choice Time	Community Outing	Fitness/Self-Defense Class
4:00		↓	Cooking Program	Podcast	↓
4:30		Cafeteria			Cooking Program
5:00		↓	↓	Cafeteria	↓
5:30	Unpacking & turn in important papers, money, etc.	Chores 5:45 Showers	Dinner		Dinner
6:00	6:15 Dinner	↓	Chores	Chores	6:15 Chores
6:30	↓	Karaoke/Improv Night	Game/Movie Night	Swimming	Community Outing
7:00	Chores	↓	↓	↓	↓
7:30	Dorm Meeting	↓	Podcast	↓	↓
8:00	↓	HC	HC/Showers	HC/Showers	HC/Showers
8:30	Hygiene Choice Time	Hygiene Choice Time	Hygiene Choice Time	Hygiene Choice Time	Hygiene Choice Time

Example PSP Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8-10am	Breakfast Technology at CCRC	Breakfast Technology at CCRC	Breakfast Technology at CCRC	Breakfast Technology at CCRC	Breakfast Technology at CCRC
10-12pm	PSP Instructional	PSP Instructional	PSP Instructional	PSP Instructional	PSP Instructional
12-1pm	Lunch in apartment	Lunch	Lunch	Lunch	Lunch
1-3pm	Life Skills Social skills instruction	Kitchen Skills	Life Skills	Kitchen Skills	Life Skills
3-5pm	Volunteer work experience	Volunteer work experience	Volunteer Work experience	Volunteer Work experience	Volunteer Work experience
5-6pm					
6-7pm	Dinner preparation Independent living skills	Dinner preparation Independent living skills	Dinner preparation Independent living skills	Dinner preparation Independent living skills	Dinner preparation Independent living skills
7-8pm					

Saturday: Some community outings including housing research, thrifty shopping, etc.

Sunday: Some recreational outings and planning for the week.

Part of PSP time is goal setting for the week which then becomes scheduled activities. ACC time becomes part of weekly schedule for some participants.

Schedules change as CCRC classes may end every 8 weeks, which leaves more time to complete the required 100 hours of volunteer work experience

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Figure 2 TSBVI logo.

This project is supported by the U.S. Department of Education, Special Education Program (OSEP). Opinions expressed here are the authors and do not necessarily represent the position of the Department of Education.

Figure 3 IDEAs that Work logo and OSEP disclaimer.